

# **The Art & Wellness Studio**



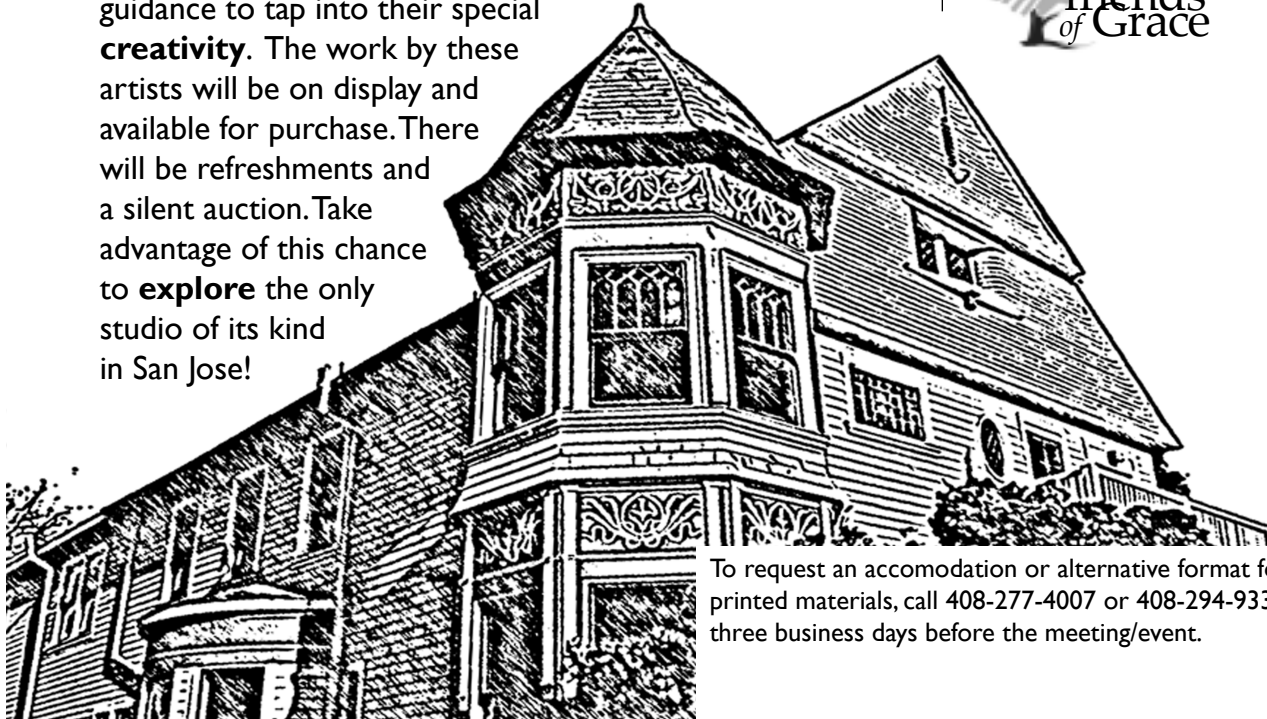
**An inspiring place for artists with disabilities**

Announcing the Opening of Grace Community Center's

## Art & Wellness Studio

Thursday, May 14, 5:00 to 7:30

We've revitalized this 110-year old Victorian to make a **unique** site that offers the **healing** found in art, yoga and meditation to adults with mental, physical and developmental disabilities. **Accessible** to all participants, our programs **empower** people by nurturing their imagination and letting them discover the **joy** of artistic expression. Each room will show how groups and individuals are given the tools and guidance to tap into their special **creativity**. The work by these artists will be on display and available for purchase. There will be refreshments and a silent auction. Take advantage of this chance to **explore** the only studio of its kind in San Jose!



*Parks, Recreation and  
Neighborhood Services*

Grace Community Center  
Art & Wellness Studio  
146 S. 10th Street  
San Jose, CA 95112  
408-293-0422



To request an accommodation or alternative format for City-sponsored meetings, events or printed materials, call 408-277-4007 or 408-294-9337 (TTY) as soon as possible, but at least three business days before the meeting/event.